

# Bowling

Ten pin bowling is a fun and exciting game where individuals have the opportunity to meet new people and participate in a competitive game in a safe environment. The art of bowling has been around for many years and it brings together many people from all ages and abilities where they can participate in a loud and colourful sensory environment.

Ten pin bowling provides the opportunity to improve your gross motor skills and hand and eye coordination skills. It also provides the opportunity for lots of helping roles and the development of social skills, such as taking turns, encouraging others and patience.

NWDS' bowling league adds an edge to an already actively stimulating game. To be a part of a Bowling League creates a real sense of achievement when teams succeed each week. Mateship and team work become an integral part of the Bowling League and it is clear that this special environment cannot be created just anywhere.

Grab your Bowling Ball and wear your good socks...we will see you in the lanes.

