

Riverside Theatres

'Beyond Abba'

This is an amazing opportunity for individuals with a disability to join the Riverside Theatre workshops and be trained by professional arts workers to build confidence, meet new people and be a part of a team who will perform at Riverside Theatre, Parramatta at the end of year concert!

During your sessions you will learn various drama routines, focusing on self-expression, self-esteem, team building and a range of tools to use to express different emotions.

This fun filled day where individuals can act out in a safe environment and increase their total wellbeing.

