

# SADDLE CLUB

Our Saddle Club sessions came about when we saw a need for opportunities for horse interaction for people who could not ride, or were not able to ride, people who were keen to be involved with horses. With both a theory and practical component to these sessions, this popular activity goes from strength to strength and has become a firm favourite for all those who discover its delights. A great sampler for those who may be interesting in riding in the future!

## **The 10 week modules are as follows:**

1. Safety
2. Evolution
3. History of man & horse
4. Behaviour
5. Body Language – ears & eyes
6. Body Language – nose, head & neck, tail
7. Parts of the horse – gaits & markings
8. Horse breeds & colours
9. Horse Care
10. Learning from horses

## **Practical activities include:**

1. Patting horses, helmets supplied
2. Washing horses, helmets supplied
3. Brushing horses
4. Riding 'tinnie' the pretend horse
5. Mixing feed
6. Feeding the horses
7. Mucking out the stables
8. Horse dentist visits
9. Horse vet visits
10. Pulling fire weed

## **Special events**

1. Hoedown held every year in June
2. Horses Birthday, celebrated in July every year
3. Visits to Hawksbury races
4. Visits to dressage competitions





